

Daydigest

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Daytime
Healthcare
Recruitment



Quality
Care
Cover





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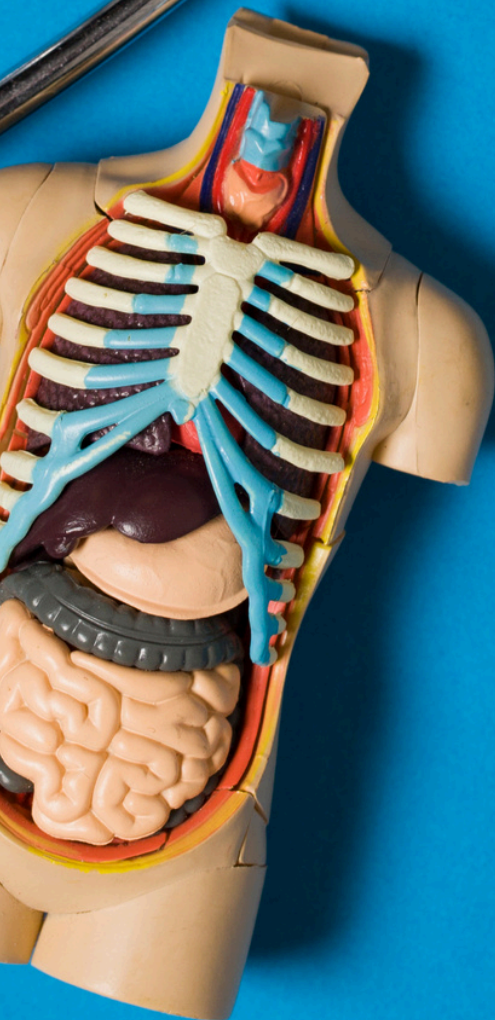
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Compliance

We value and appreciate the tireless efforts of our healthcare workers, dedicating themselves to exceptional care in wards and communities. Recognizing the demands of your role, we prioritize simplicity and efficiency in compliance.

To support your busy schedule, we've compiled essential updates to streamline your compliance management:

- Annual Reference Update
- Update: Training Requirements
- Update your details: If you recently moved.

These resources empower you to stay compliant with minimal hassle, ensuring focus on what matters most – delivering outstanding patient care.



Updating Annual References

Did you know you can seamlessly update your annual references using your timesheets?

As part of our contractual requirements, we need to maintain up-to-date employment histories and references. Make this process effortless with just two easy steps:

Update Your References in Minutes:

1. Ask the nurse in charge to complete the feedback section on your timesheet during shift sign-off.
2. Email a copy of the timesheet to Payroll (cc: Compliance).

It's That Simple!

Accumulate feedback from just 20 shifts to fulfill your annual reference requirements.



Update: Training Requirements

As we transition away from COVID-19 guidelines, the NHS has shifted back to in-person training, and more clients are now requiring workers to complete practical Life Support and Manual Handling training.

Due to this change, we are only able to accept in-person training for these modules, so we encourage you to book your practical sessions early to avoid any delays or disappointment.

If you don't have practical training yet and are unsure where to book, we're happy to help. We can connect you with one of our preapproved providers. Just give us a call, and one of our dedicated compliance officers will assist you in arranging the training.

For those who have completed their practical training or already have sessions booked, please be aware that some training providers have begun charging for verification.

To avoid unexpected fees, we recommend checking in with your compliance officer before booking to confirm whether your chosen provider falls into this category.





Reminder: Keep Us Updated If You've Moved

If you've recently moved or are staying at a temporary location, please let us know.

This helps our team find work opportunities closer to your current address and ensures that important documents such as your ID badge, timesheets, letters, and even gifts or hampers, reach the correct location.

To update your address, simply send a message or email to your compliance officer along with two proofs of address.

If you're at a temporary address, please provide the details in writing, including how long you plan to stay there, so we can ensure all correspondences reach you without delay.

Demands in Practice

The ongoing challenges and increasing service demands in healthcare require providers to offer continuous support to workers. These demands are driven by several factors, including population growth, an aging demographic, advancements in medical technology, and changes in healthcare policies and practices.

As the population continues to age and the prevalence of co-morbidities and long-term health needs rise, the demand for nursing care is expected to increase. However, meeting these growing demands presents significant challenges.



Key limitations include limited financial resources, a shortage of registered nurses, high patient turnover, and burnout among healthcare professionals.

Additionally, inadequate funding for nursing education programs and difficulties in recruiting and retaining staff further strain the workforce. These issues can negatively affect both the quality of patient care and access to healthcare services. The increasing demands, coupled with finite resources, make it difficult to consistently maintain high standards of care.

To ensure the future sustainability and effectiveness of the nursing workforce, healthcare service providers and policymakers must address these limitations. Strategies to support the workforce, improve retention, and enhance patient care are critical to overcoming the challenges posed by rising demands in healthcare.

Our Top Nurses (July & August)

At Daytime Healthcare, we are proud to celebrate the hard work and dedication of our exceptional nurses. Every month, we recognize those who have consistently gone above and beyond in delivering outstanding patient care, demonstrating professionalism, and stepping up for extra shifts when needed.

This month, our top nurses have shown remarkable commitment, not only in providing compassionate care but also in supporting their teams during busy periods.

Their ability to maintain high standards, even in challenging situations, sets an inspiring example for all of us. We want to take a moment to express our gratitude for their dedication and the vital role they play in the lives of patients.

Your efforts don't go unnoticed, and we are incredibly proud to have such hardworking and passionate individuals as part of our team. Congratulations to our top nurses for this well-deserved recognition!

 **Henry**



 **Yao**



 **Patience**



 **Craig**





Our Values Behavior Framework

At Daytime Healthcare and Quality Care Cover, our commitment to providing high-quality, safe, and compassionate care is reflected in the way we work with our patients and colleagues.

To ensure a positive environment for everyone, we adhere to the following values:

Respectful Communication

We expect all staff to communicate with patients in a respectful and compassionate manner. This includes both verbal and non-verbal communication, ensuring that every interaction promotes trust and dignity. Listening actively to patient feedback is essential to improving care and creating a positive patient experience.

Collaboration and Teamwork

We believe that safe and high-quality care is achieved through collaboration. Working together with your colleagues and patients helps us deliver excellent care. A collaborative approach ensures that patients receive the right care at the right time, enhancing both patient satisfaction and team efficiency.

Valuing Diversity and Dignity

We celebrate diversity and ensure that every patient is treated with dignity and respect. Valuing differences and being mindful of individual needs creates an inclusive environment where everyone feels they belong and their voice is heard.

Inclusivity and Belonging

We strive to promote a sense of belonging and inclusivity, where all staff members have the opportunity to contribute towards a positive work environment. A workplace where everyone feels valued leads to better outcomes for both staff and patients.

Accountability and Professionalism

We encourage staff to work professionally and to take responsibility for their actions. When things go wrong, it's important to act honestly and transparently, ensuring that lessons are learned and shared for continuous improvement.

Safe and Quality Care

Our priority is to ensure patients receive safe, effective, and compassionate care. Through teamwork, respect, and professional behaviour, we aim to exceed expectations and provide the best care possible.

Your Questions Answered



Tips For Maximising Opportunities

- Explore Trusts/Health Boards you haven't considered before.
- Be flexible with shift patterns and adapt to last-minute shifts and different shift patterns.
- Be open to a variety of wards within your clinical skill set

How can I maximize my chances of securing shifts?

Update your availability with us as early as possible! Shifts are in high demand, and for certain roles, they get filled quickly. By working closely with your Day consultant and providing your availability for the upcoming weeks in advance, you'll significantly increase your chances of securing work.

What if my availability changes? How can I contact the team outside regular hours?

We have a dedicated Out of Hours Team available during evenings and weekends to support you with any last-minute shift requests. If you need to cancel a shift due to unforeseen circumstances, the team is just a call away. Please make sure to call and speak directly to them for any emergencies.

There aren't as many shifts in my preferred hospital. Are there other nearby options?

Many of our partner hospitals are located near each other. By registering with Daytime Healthcare and Quality Care Cover, you'll have the chance to explore opportunities at these nearby locations. Why not try working at another hospital and broaden your options?

Exciting Permanent Opportunities for Nurses and Theatre Practitioners



Daytime Healthcare continues to provide outstanding permanent opportunities for Nurses and Theatre Practitioners.

We partner with some of the top private hospitals and care home groups across the UK, offering a range of positions in excellent working environments.

Current Permanent Opportunities:

Staff Nurse positions (minimum 6 months surgical or medical experience required):

- London (various locations)
- Tunbridge Wells
- Norwich
- Cambridge

Theatre Practitioner positions:

- London (various locations)
- Surrey
- Norwich
- Tunbridge Wells
- Hertfordshire

RGN Care Home positions:

- London (various locations)
- Essex
- Hertfordshire

Many of these roles offer visa sponsorship for candidates with UK experience, along with competitive packages, career growth opportunities, and supportive working environments. For more details, please reach out to us at: perms@daytimehealthcare.com



Exciting News: Online Timesheets Are Now Available!

We are thrilled to announce the launch of our new online timesheets! Over the past few months, we've been working tirelessly to enhance our services, and we believe that this new feature will make your experience with Daytime Healthcare and Quality Care Cover even smoother. No more waiting for timesheets to be posted or emailed—now, you can access them anytime, right from our website.

Benefits to You:

- No more worries about forgetting your paper timesheets or running out at the last minute.
- Simply download a new timesheet anytime by clicking the link below.

Each timesheet comes with a UNIQUE reference number, so please ensure you do not print or use the same timesheet more than once. If you need an additional timesheet, use the links below to access our portal:

- Daytime Healthcare: [Timesheet Portal](#)
- Quality Care Cover: [Timesheet Portal](#)



Is The Year Running Fast? We May Know Why!

If you've caught yourself saying "I can't believe it's already September!" you're not alone. Many of us feel like time is speeding up, especially in busy years like 2024. But why does this happen? Several factors, psychological, scientific, and societal, combine to make time seem like it's flying. Understanding these reasons can help us slow down and make the most of each day.

Psychological Factors

Our daily routines and mental states play a huge role in how we experience time. Once life becomes predictable, with regular patterns and habits, our brains tend to go into autopilot. Familiarity can blur the lines between days and weeks, making it feel like time is slipping away.

Divided attention is another factor. In an era where we're constantly bombarded by notifications and distractions, it's easy to lose track of time. We might finish a task only to realize hours have passed unnoticed. Moreover, our emotional state also alters time perception. Stress, happiness, and boredom can make time feel like it's either rushing by or dragging on, depending on how engaged we are in the moment.

Scientific Explanations

The sensation of time moving faster as we age isn't just psychological; it's also rooted in science.

One explanation is the proportional theory: as we grow older, each year becomes a smaller fraction of our total life experience. This makes each year feel progressively shorter compared to the long, seemingly endless years of childhood.

Neurological factors also influence time perception. Regions of the brain responsible for processing time, such as the suprachiasmatic nucleus, can shift our subjective experience of time passing. These brain regions don't operate the same way throughout our lives, which is why time might feel different at different ages.

Modern Life Factors

Today's fast-paced world also contributes to this sensation of time flying. Technology has made everything more immediate.

With constant connectivity, we experience an unending stream of information and events, creating a sense of urgency and acceleration.

Social media only amplifies this, as we see highlights of everyone's lives in real-time, making us feel like we're racing to keep up. Our busy schedules and the habit of multitasking can exacerbate this sense of time scarcity. When we overcommit to multiple tasks and activities, our days feel more compressed.



With so much to do and seemingly not enough time, it's no surprise that we feel like the months are passing in the blink of an eye.

How to Maximize Time and Slow Things Down

The good news is that there are ways to regain a sense of control over time. The key lies in being intentional and present in our daily lives. One of the most effective strategies is practicing **mindfulness**.

Whether through meditation or simply paying attention to small details around you, mindfulness can reframe your perception of time.

Similarly, practicing **gratitude** can shift your focus from what's next to appreciating what's now, giving each moment more weight and significance.

Setting goals and priorities is another practical way to slow down time.

When we engage in meaningful activities, we immerse ourselves in the experience, which can make time feel more expansive.

Instead of scattering your attention across multiple tasks, focus on one thing at a time, ensuring that the experience feels richer and more rewarding.

Don't forget the importance of **taking breaks**. Constantly moving from one task to another without pause only accelerates the feeling that time is racing.

Scheduling downtime for rest or self-care not only enhances productivity but also gives your brain a chance to reset, allowing time to flow more slowly.

Finally, make a habit of **reflecting on experiences**. By actively remembering and cherishing important moments, you can extend their emotional impact, making it feel like you've lived more in the time that has passed.



Did You Know: The Invention of the Disposable Syringe

Today, the disposable syringe is one of the most commonly used tools in healthcare, ensuring that millions of patients receive safe, hygienic care every day.

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In the early 1950s, a New Zealand pharmacist named Colin Murdoch was inspired by a problem he encountered regularly in his work. Syringes, which were made of glass at the time, had to be sterilized after every use. This process was time-consuming and expensive, particularly in healthcare settings where syringes were needed in large quantities.

Murdoch, who also had a background in engineering, saw an opportunity to make medical treatments both safer and more efficient. He envisioned a single-use syringe made from plastic that could be discarded after one use, eliminating the risk of cross-contamination and the need for repeated sterilization.

After extensive experimentation, Murdoch developed the world's first disposable syringe. His creation was simple yet transformative, an affordable, sterile, and lightweight alternative to the traditional glass syringes. This innovation was soon adopted by hospitals and clinics around the world, revolutionizing the administration of vaccines and medications.

What started as one man's solution to a practical problem has become a cornerstone of modern medicine, proving once again that innovation can often arise from the simplest of ideas.





More Updates

Feedback and Suggestions

Have feedback or suggestions for improvement?

Send them to feedback@daytimehealthcare.com. This is managed by our management team.

Upskilling Opportunities

Are you a general nurse looking to train in a different department?

Contact Jennifer Agyare at jennifer@daytimehealthcare.com or call 0203 640 8899.

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